# RATS KIDS DUATHLON

# Tuesday 21st March 2023

## Please Note: Parents will need to drop off and pick up their children and bikes for this event.

**DATE:** Tuesday 21<sup>st</sup> March 2023

**TIME:** 8:30am registration opens, first race at approx. 9:30am

**VENUE:** Waipa MTB Car Park, Whakarewarewa Forest

**COST:** \$10 per competitor

REGISTRATIONS CLOSE: Friday 3 March 2023 (No late entries will be accepted)

Registration & Payment via KINDO only

MARSHALS: All schools MUST provide a marshal for the event.

**MAPS:** MAPS for the event to be confirmed as there maybe changes!

**COURSE OPTIONS:** • Short Course 500m run – 3km MTB – 500m run

• Long Course 1.5k run – 8km MTB – 500m run

**AGE GROUPS:** • Year 3 and 4 children must enter the short course.

• Year 7 and 8 children must enter the long course.

• Year 5 and 6 children can choose which course they would like to enter - short or long.

There are No Team entries again this year. All athletes will compete as individuals.

**RACE START TIMES:** 8:30am - Registrations and Transition area opens.

9:15am - All bikes must be in transition area & Race Briefing

9:30am approx. - Year 5 & 6 Short Course Race Starts 10:15am approx. - Year 3 & 4 Short Course Race Starts

11:00am approx. - Start Long Course

Prize Giving immediately after the last finisher completes the course.

Please note start times may alter dependent on time it takes for previous races, registration numbers and weather conditions. All competitors should be ready to start from 9.30am onwards and have their bikes in the transition area by 9.15am. Children will be given a 10-minute call before each race is to start.

### Once again this year we are using KINDO for ALL RATS Duathlon registrations and payments.

Registrations can be completed online through Kindo. Kindo accepts Debit and Credit cards or you can access bank details for standard internet or phone banking (see "top up account" once logged in). Details on how to register and pay using Kindo are below: As with all online transactions we recommend you take appropriate measures to keep your personal banking information secure and within your banks online safety & security requirements.

#### DO YOU ALREADY HAVE A KINDO ACCOUNT ?...

If you have already set up a Kindo account and want to register & pay for Netball, please visit our school website <a href="https://www.otonga.school.nz">www.otonga.school.nz</a> and click on the 'Kindo - Open 24/7 School Shop' icon with the 2 owls (as pictured) or use the link below to take you to the Kindo login page: <a href="https://shop.tqcl.co.nz/shop/user-home.shtml?session=false&shop=Otonga%20Road%20Primary%20School.">https://shop.tqcl.co.nz/shop/user-home.shtml?session=false&shop=Otonga%20Road%20Primary%20School.</a> Once you have logged in to your KINDO account, click the SPORT icon on the left-hand side, the two RATS Kids

Duathlon items; (Year 3 & 4) and (Year 5 & 6) will then appear on the main 'action required' screen. Click on the relevant year and follow the steps outlined at the bottom of the 'detail' pop-up box.

If you need assistance, please call the Kindo helpdesk on freephone 0508 4 KINDO (0508 454 636).

#### **NEW USERS...**

If you do NOT have a Kindo account already setup (at this or another school), visit our school website <a href="https://www.otonga.school.nz">www.otonga.school.nz</a> and click on the 'Kindo – First Time Users Register Here' icon (as pictured) or use the link below to get started: <a href="https://shop.tgcl.co.nz/shop/handshake.shtml?shop=Otonga%20Road%20Primary%20School">https://shop.tgcl.co.nz/shop/handshake.shtml?shop=Otonga%20Road%20Primary%20School</a>. Once your account is set up please follow the instructions above.



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